

# NAIL CARE

## SIGNATURE PEDICURE

75 MINUTES - \$105

Pure indulgence for your feet! Includes a soak, cuticle work, nail shaping, exfoliation, a soothing mud wrap for the feet, lower leg massage, paraffin and a pressure point massage on the bottoms of the feet.

## DELUXE PEDICURE

60 MINUTES - \$95

All of the essentials found in our Classic Pedicure in addition to an invigorating foot and lower leg exfoliation and paraffin treatment for the extra pampering your feet deserve.

## CLASSIC PEDICURE

45 MINUTES - \$85

Begin with a relaxing foot soak followed by classic grooming of the nails including cuticle work, nail shaping, a soothing foot and lower leg massage and polish application.

## DELUXE MANICURE

60 MINUTES - \$85

This luxurious hand treatment includes all of the essentials in our Classic Manicure along with an invigorating hand and arm exfoliation and nourishing paraffin treatment.

## CLASSIC MANICURE

45 MINUTES - \$75

Includes an aromatic hand soak, nail shaping, cuticle work and a relaxing hand and arm massage. Finish with a perfect coat of polish.

## POLISH CHANGE

15 MINUTES - \$29

Polish removal followed by a polish application of your choice.

## FRENCH FINISH UPGRADE

15 MINUTES - \$15



# PACKAGES

## MEADOW TRANQUILITY

4 HOURS - \$499

Begin your blissful day with our 30 minute Rejuvenating Skin Polish, followed by a 60 minute Aromatherapy Massage, 60 minute Essential Aromatherapy Facial and finish with a 60 minute Deluxe Pedicure. Lunch is included.

## MEADOW REJUVENATION

2 HOURS - \$329

Reawaken your body and mind with a 60 minute Ultimate Body Wrap followed by a 60 minute Doctor Babor Detox & Glow Facial.

## MEADOW RETREAT - FOR MEN

2 HOURS - \$309

Look and feel refreshed after enjoying a 60 minute Therapeutic Massage followed by the 60 minute Refinery Facial.



# COUPLES

## COUPLES ESCAPE

3 HOURS - \$599/COUPLE

Includes a 30 minute therapeutic soak in a private couples tub, side-by-side 60 minute Relaxation or Therapeutic Massages followed by lunch and side-by-side Deluxe Pedicures.

## HOT STONE MASSAGE

60 MIN - \$369/COUPLE · 90 MIN - \$469/COUPLE

Enjoy the stress-relieving effects of the warm stones while relieving tension and calming the mind.

## CUSTOMIZED MESSAGE

60 MIN - \$339/COUPLE · 90 MIN - \$439/COUPLE

Each guest may choose to enjoy the Relaxation or Therapeutic Massage, side by side.

MEADOW  
SPA + POOLS

MEADOW  
SPA + POOLS

OPEN 10AM TO 8PM DAILY

LOCATED IN THE MOOSE HOTEL & SUITES

## ARRIVAL

We suggest arriving to the spa 20 minutes prior to your scheduled service to check in and enjoy the lounge and pool area. To accommodate all guests, each treatment will conclude at the scheduled time.

## ETIQUETTE

To maintain a relaxing spa environment, and to allow you to make the most of your spa experience, we encourage all guests to turn off their cell phones and leave them in their locker for the duration of their spa visit.

## SPA, POOLS & FITNESS

With most spa services, guests have complimentary access to the Spa, rooftop pools, sauna and fitness facility during their visit.

## SPA ATTIRE

A robe and sandals will be provided to you in addition to a locker to store your personal belongings. A swimsuit is required in the pool areas.

## CANCELLATION POLICY

A form of payment is required to hold all appointments. If you must reschedule or cancel your spa service, 24 hours notice is required to avoid a 50% charge. Group bookings are subject to a 7 day cancellation policy.

## GRATUITIES, TAXES & PRICING

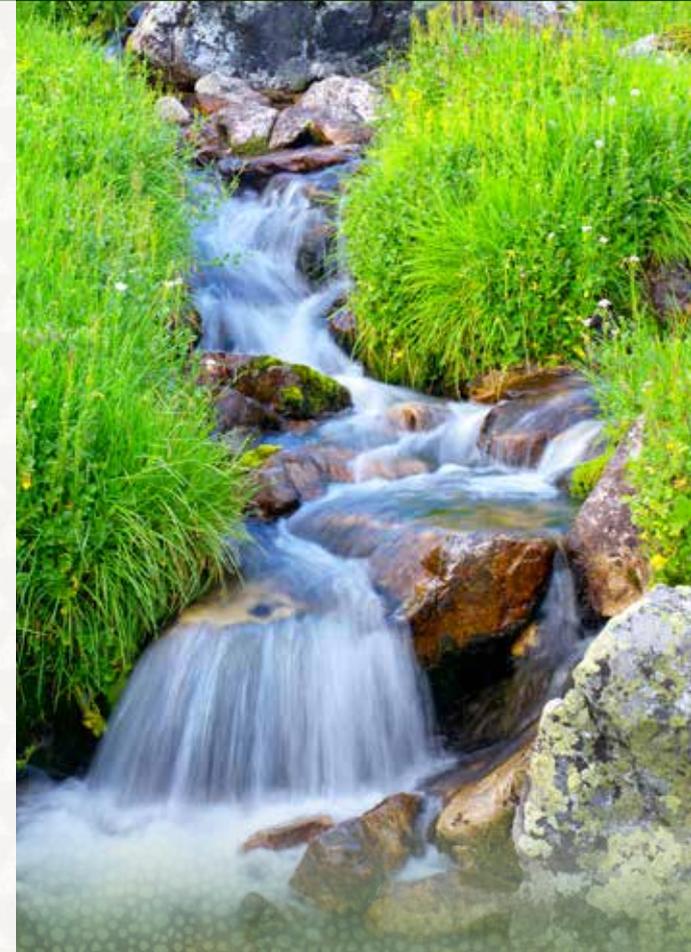
Gratuities and taxes are in addition to the spa prices listed. Gratuities are at your discretion and 5% GST will be added to all prices. Group bookings are subject to an 18% gratuity. Prices are subject to change without notice.

## AGE POLICY

We allow access to our spa services and facility for those 16 years of age and older.

## HEALTH CONCERNS

Please inform us of any health concerns at time of booking. All guests will be required to complete a medical history form upon arrival.



SPA MENU

BANFFMEADOWSPA.COM

LOCATED IN THE MOOSE HOTEL & SUITES  
345 BANFF AVENUE · 403 760 8577  
TOLL FREE 1 866 379 0022

BANFFMEADOWSPA.COM

## MASSAGE

*\*Please inquire if interested in a specific style of massage not listed. We can customize when available.*

### ULTIMATE AROMATHERAPY EXPERIENCE

**60 MINUTES - \$175 • 90 MINUTES - \$225**

This signature treatment releases tension held in every part of the body, leaving you feeling deeply relaxed and re-charged. Carefully applied pressures stimulate the nervous system, Swedish and neuromuscular techniques relieve muscular tension and lymphatic drainage helps encourage healthy circulation.

### SLEEP DEEPLY

**60 MINUTES - \$175**

A perfect ritual for those who struggle to sleep or suffer from restlessness. A deeply sedating head-to-toe massage, using carefully applied pressures and Swedish techniques, will balance the nervous system and ease an overactive mind.

### HOT STONE MASSAGE

**60 MINUTES - \$175 • 90 MINUTES - \$225**

Soothing, heated stones are used to massage the body promoting overall relaxation, relief of stress and muscle tension.

### AROMATHERAPY MASSAGE

**60 MINUTES - \$169 • 90 MINUTES - \$219**

Enjoy a Relaxation or Therapeutic Massage using a deeply hydrating and nourishing body oil of your choice. Customized to your needs and designed to relieve tension and stress.

### RELAXATION MASSAGE

**60 MINUTES - \$159 • 90 MINUTES - \$209**

A full body, light pressure massage designed to promote overall relaxation and increase circulation.

### THERAPEUTIC MASSAGE

**60 MINUTES - \$159 • 90 MINUTES - \$209**

A deep tissue massage to target your areas of concern. Designed to aid in increased mobility, relieve muscle stiffness and tension and ease pain.

## MASSAGE ADD-ONS

*May be added to any massage experience.*

### NOURISHING FOOT TREATMENT

**30 MINUTES - \$65**

Feet and lower legs feel silky soft and moisturized after an intensive exfoliation and application of rich body oil and cream.

### NOURISHING HAND TREATMENT

**15 MINUTES - \$45**

Hands and arms are revived and invigorated after an exfoliation and application of restorative essential oils.

### REJUVENATING SKIN POLISH

**30 MINUTES - \$75**

An all-over body exfoliation followed by an application of deeply nourishing products to leave the skin looking radiant and feeling wonderfully smooth.

### SCALP MASSAGE

**15 MINUTES - \$39**

An aromatic, nourishing oil and specific massage techniques promote relaxation and free the mind of stressful thoughts.

## BODY TREATMENTS

### INTENSE NOURISHMENT

**90 MINUTES - \$225**

A treatment for dry, devitalised skin, leaving the whole body deeply nourished. A stimulating body scrub, followed by a layering of hydrating oils and velvety, moisturizing body butter leave the skin hydrated and softened. Finish with a stress-relieving scalp massage.

### DETOX & REVIVE

**60 MINUTES - \$175**

Perfect for times of over-indulgence or when you're feeling a little lethargic. This invigorating dry brush exfoliation, followed by a layering of body oils and gels, using a stimulating blend of essential oils, will leave you feeling refreshed and full of energy. Take the body brush away with you to enjoy the benefits of dry brushing at home.

### ULTIMATE BODY WRAP

**BODY PEEL + WRAP: 60 MINUTES - \$175**

**BODY PEEL + WRAP + MASSAGE: 90 MINUTES - \$225**

Deep nourishment, hydration and revitalization are achieved through this luxurious, multi-phase full body treatment. Harnessing the power of rare plant stem cells and ancient medicinal massage techniques, this anti-aging treatment leaves the body revitalized and youthfully restored.

## WAXING & TINTING

Full selection of waxing and tinting services available.

## SPA ACCESS

**\$49**

Enjoy access to the Meadow Spa + Pools for the day. Includes use of the spa lounge, change rooms, private spa hot pool, rooftop pools, sauna and fitness facility. Based on availability.



## FACIALS

### AGE REPAIR FACIAL

**90 MINUTES - \$225**

An intensive treatment for those concerned with signs of aging. Award-winning natural products are used in conjunction with a unique dual layering of masks and a lifting, plumping and firming massage for instantly visible results.

### ESSENTIAL AROMATHERAPY FACIAL

**60 MINUTES - \$169 • 90 MINUTES - \$225**

A customized facial to target your skincare concerns. A combination of the finest pure essential oils and plant extracts are applied with specifically designed massage techniques to restore and recondition the skin, leaving the complexion smooth and luminous.

### THE REFINERY FACIAL - FOR MEN

**60 MINUTES - \$169**

A deep cleansing and brightening facial that will leave skin hydrated with rich, invigorating essential oils and botanical extracts. A relaxing scalp and facial massage is also performed for a calming and comforting state of mind.

### DOCTOR BABOR COLLAGEN INFUSION

**60 MINUTES - \$179**

Plump and densify your skin with this collagen booster therapy. Hyaluronic acid and collagen plump the skin from the inside out, while smoothing fine lines and wrinkles. This treatment is enhanced by a hydrating, sculpting mask to smooth and reshape the facial contours, promoting a more youthful appearance.

### DOCTOR BABOR DETOX & GLOW

**60 MINUTES - \$179**

This blend of potent vitamins and minerals will treat the skin and neutralize harmful substances that can increase visible signs of aging. The resulting detoxification will allow nutrient revitalization which is vital for maintaining youthful skin.

### SKIN PERFORMANCE FACIAL

**60 MINUTES - \$169 • 90 MINUTES - \$225**

This nourishing, anti-aging treatment harnesses high-powered active ingredients that target your skin concerns. Specific massage and manual techniques will stimulate skin regeneration and prevent the signs of aging. The skin is refreshed, radiant and younger looking.

## FACIAL ADD-ONS

*May be added to select facial experiences.*

### INSTANT EYE REPAIR

**15 MINUTES - \$39**

Specialised massage techniques improve micro-circulation and drainage, helping to reduce puffiness, while the natural plant extracts and oils work to leave the eyes fresh, bright and youthful.

### HYDRO GEL EYE MASK

**\$25**

Designed specifically for the delicate area around the eyes, these cooling eye pads will provide the skin with a refreshed, more radiant and hydrated appearance.

### HYDRO GEL FACE MASK

**15 MINUTES - \$39**

This thirst-quenching mask provides a cooling, refreshing experience for the skin. A synergistic blend of hyaluronic acid and peptides leave the skin feeling thoroughly hydrated and smooth.